

FOREWORD



One day when I was a very young man acting out in a very strange way, a friend said to me, “Neale, life doesn’t come with a Little Instruction Book. You’re on your own.”

I always hated that thought. *Doggone it!* I shouted inside my head. *Life should come with a Little Instruction Book. And we shouldn’t have to be “on our own.” We should be able to get some help here. Surely somebody must know what’s going on. . . .*

Well, somebody does. Ron and Mary Hulnick are very clear, and if *you* wish to be very clear, you will find it immensely satisfying to read this book.

Of course, there are many people who “know what’s going on.” We are blessed on this planet with many wonderful teachers. I found this out as the years went by. Yet few of these teachers have produced a book in which so much is made so understandable in so little time.

One read through these pages and I believe you will have all the information and tools you need to not only *understand* “what’s going on” in this life, but also to begin to create what you *want* to have going on. Can there be a greater gift than that?

I think not, and so I am very grateful to both Mary and Ron; for through their wisdom, compassion, insight, experience, love, and soft genius, we are given answers here to just about every important question about life. Not only, *What’s going on here?* but also, *Why am I experiencing what I’m experiencing?* and, more important, *How can I change my experience?*

I observe that most people waft in and out of clarity about these things throughout their lives. I know that I do. And sometimes it takes a little tug, an awakening, to pull us back from the edge of oblivion and out of the Cloud of Unknowing, returning

us to ourselves—our True Self—in the process. I believe we are all, at some level, spiritual masters; and what can snap us back into this awareness can be the smallest thing: the chance utterance of a friend on the street, the lyrics to a song we hear on the radio, or a book that just happens to fall into our hands.

Now in my reality, books don't "just happen" to fall into one's hands. I believe that each of us is led to the right and perfect information at the right and perfect time. What we do with that information is another matter, but it's always being presented to us exactly when we need it.

That is what is happening here. Now all you have to do is convince your ego not to resist the miracle that you have found. It is the miracle of moving from your Mind to your Soul in the living of your life.

You should know that your ego will struggle mightily against any effort on your part to do this. Not because it is your enemy, but for quite the opposite reason: your ego is your friend, and it thinks it is protecting you from imagining that there is any other perspective better than the View of your Mind. Yet now comes this remarkable book, urging you to remain loyal to your Soul. Now come Mary and Ron Hulnick (do you think this is *by accident*, at just *this moment* in your life?) to promise you that life will change dramatically when you see the events of your day-to-day life through Soul-Centered Eyes, and then begin to *create* events from that space.

Ron and Mary are two people who have spent decades exploring how life works, joining other wonderful teachers in sharing what they've found through the extraordinary programs at the University of Santa Monica—a one-of-a-kind place where new messengers and healers are being educated, nurtured, and prepared through the crystal clear explanations and insights that are found here. (Ron is the President of that university, and Mary is the Chief Academic Officer.)

The Hulnicks don't say everything exactly as I would. There is some room, after all, in the Collective Creation for Individual Expression. And so, some of the things that they call *learning* I would refer to as *remembering*, and elsewhere they may say "to-MAY-to"

while I say “to-MAH-to.” So too might you find yourself differing just a tiny bit in the way that you behold certain experiences. But I’ll bet you’re going to say, “Of course! That’s it! That’s how it is!” to 98 percent of what you find in this book—and you are going to be deeply grateful that your search for True Self brought you here.

What we have in this work is the basis for an entirely new healing discipline: *Spiritual Psychology*. For centuries we have been using a psychological model based solely on the perspectives and perceptions of the mind. Here, at last, is a revolutionary departure from this thinking, which proposes that there are *other* perspectives and *other* perceptions that can be equally powerful in forming our reality and in mending humanity. This book presents one such perspective . . . perhaps, in fact, the most powerful of all.

For this striking contribution, we shall always be indebted to Ron and Mary Hulnick.

— Neale Donald Walsch
Ashland, Oregon

